

## 🚶 Tube links from Harlesden and North Acton Stations

Frequent Bakerloo line trains run from Harlesden to Kensal Green, Queen's Park, Kilburn Park, Maida Vale, Paddington and stations to Waterloo and Elephant & Castle, as well as to Stonebridge Park, Wembley Central and Harrow & Wealdstone.

To reach Harlesden Station take bus 224, 226, 260, 487 or PR2 from stop **A** or bus 187 from stop **C**.

Frequent Central line trains run from North Acton to East Acton, White City, Shepherd's Bush, Notting Hill Gate, Marble Arch, Oxford Circus and stations to Liverpool Street, Stratford, Leytonstone, Hainault, Woodford, Loughton and Epping

To reach North Acton Station take bus 260 or 440 from stop **C** or bus 487 from stop **A**.

For full details of Tube services please call 020 7222 1234.

## 🚆 Rail links from Harlesden and Willesden Junction Stations


From Harlesden, Silverlink Metro trains run to Queens Park, Kilburn High Road, South Hampstead and Euston as well as Harrow & Wealdstone, Hatch End, Bushey and Watford Junction.

To reach Harlesden Station take bus 224, 226, 260, 487 or PR2 from stop **A** or bus 187 from stop **C**.

From Willesden Junction, Silverlink Metro trains run to Acton Central, South Acton, Gunnersbury, Kew Gardens and Richmond, as well as Kensal Rise, West Hampstead, Gospel Oak, Camden Road, Highbury & Islington and stations to Stratford.

To reach Willesden Junction take bus 224, 487 or PR2 from stop **A**.

For general rail enquiries please call:

 **National Rail enquiries**  
08457 48 49 50

## ♿ Fully accessible low-floor buses

Low-floor wheelchair accessible buses run on all routes serving Central Middlesex Hospital.

## 🚲 Cycles

Free cycle parking is available in the surface level car park to the left of the main entrance. There is an OYBike station with 2 bicycles situated outside the main entrance.

The hospital appears on the free Cycle Guide for area 9. You can order this map by calling 020 7222 1234 (24 hours) or by going to [tfl.gov.uk/cycling](http://tfl.gov.uk/cycling)

## 🚗 Taxis and private hire

Taxis and private hire vehicles offer a door-to-door service available at your convenience, all year round. For your safety, taxis and private hire operators must be licensed to operate legally.

**Always ensure you use a licensed taxi or private hire operator. Illegal touts are often uninsured, with their vehicles in poor working order and potentially dangerous.**

For further information or to check a licence, please call 020 7222 1234 or visit [tfl.gov.uk/pco](http://tfl.gov.uk/pco)

## P Car parking at Central Middlesex Hospital

There are two main car parks at Central Middlesex Hospital, one at surface level and one underground. The surface level car park is accessible from Central Way. Access off Acton Lane is for the drop-off zone and for disabled persons only. The entrance to the underground car park is off the Abbey Road/Central Way roundabout. The underground car park is closed to the public from 8.30pm until 7.30am.

Pay and display charges apply at all times in both car parks. Parking is free for disabled badge holders who park in the designated bays.

## Buying tickets

The cheapest way to pay for single fares is with Oyster – top up with cash and you can pay as you go. You can also store weekly or longer period bus passes.

You can get an Oyster card online at [tfl.gov.uk/oyster](http://tfl.gov.uk/oyster), from over 2,200 Oyster Ticket Stops, over the phone on **0845 330 9876\*** or at most Tube station ticket offices.

For more information on Oyster visit [tfl.gov.uk/oyster](http://tfl.gov.uk/oyster) or pick up a leaflet in Oyster Ticket Stops and Tube stations.

\* Calls from BT landlines cost 3.5p per minute. Calls from mobiles vary depending on network

## Where to buy your ticket

There are a variety of places to buy tickets, get Oyster cards and top them up including:

- Online at [tfl.gov.uk/oyster](http://tfl.gov.uk/oyster)
- Tube station ticket offices
- Tube station touchscreen ticket machines
- Oyster Ticket Stops and Ticket Stops
- London Travel Information Centres
- Some National Rail ticket offices (see 'Get the most out of your Oyster card' leaflet for full list).

The North West London Hospitals  NHS Trust

**Central Middlesex Hospital**  
Acton Lane  
Park Royal  
London NW10 7NS  
tel: 020 8965 5733  
[www.nwlh.nhs.uk](http://www.nwlh.nhs.uk)


 24 hour travel information  
**020 7222 1234**

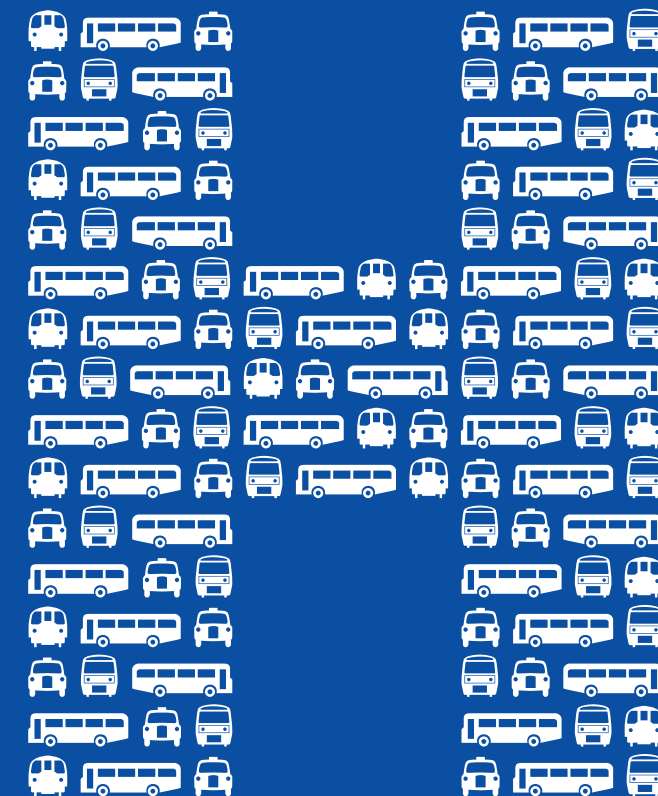


 Website  
[tfl.gov.uk](http://tfl.gov.uk)

## Transport for London

# Travelling to and from Central Middlesex Hospital

April 2007 The North West London Hospitals  NHS Trust



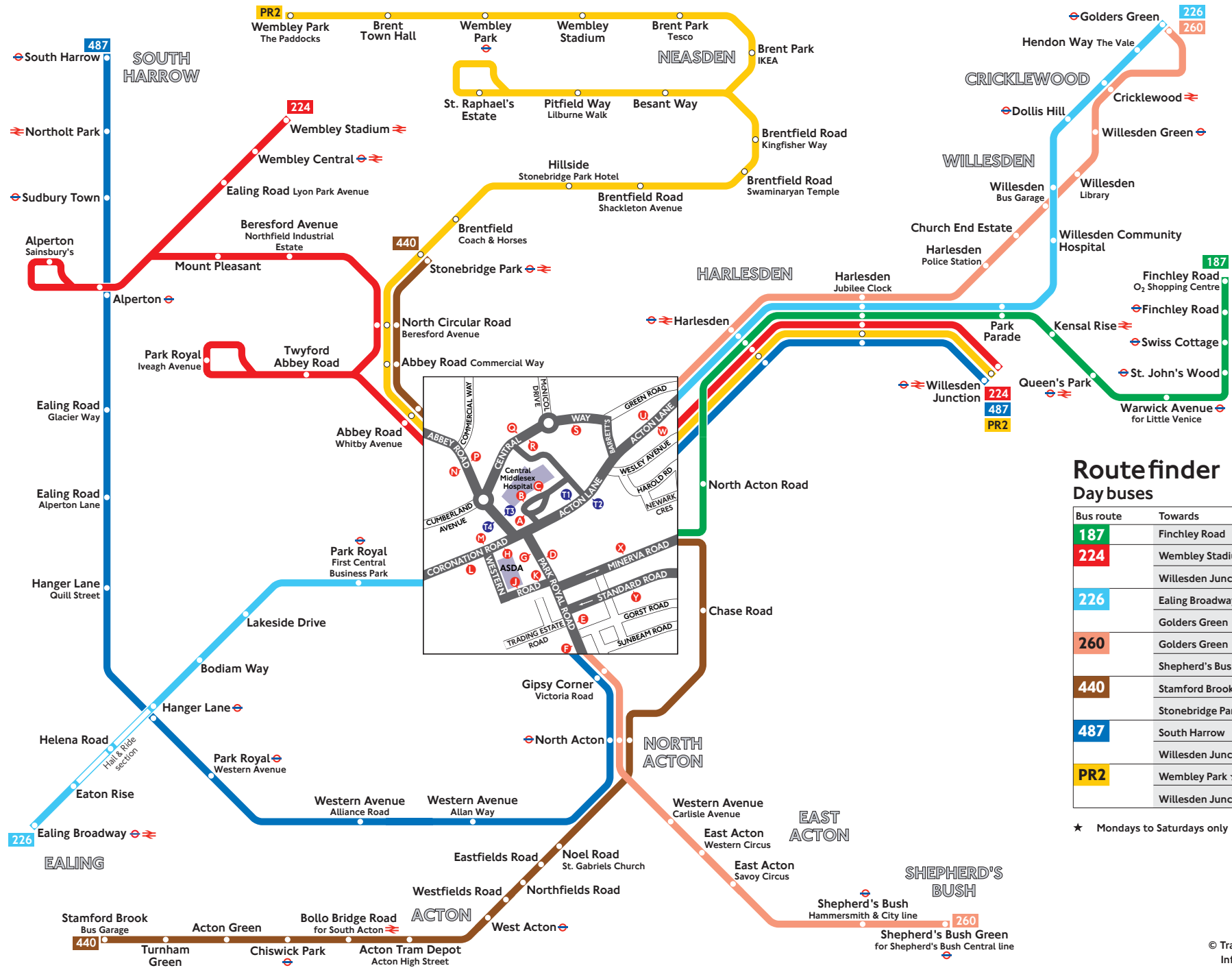
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MAYOR OF LONDON

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# Buses from Central Middlesex Hospital



## Routefinder

Bus route	Towards	Bus stops
187	Finchley Road	C H J X
224	Wembley Stadium	B G H K N W
	Willesden Junction	A G H J P U
226	Ealing Broadway	B H L W
	Golders Green	A M U
260	Golders Green	A F G U
	Shepherd's Bush	C D E W
440	Stamford Brook	C H K P X
	Stonebridge Park	A G N Y
487	South Harrow	B D E R S W
	Willesden Junction	A F G Q U
PR2	Wembley Park ★	B G H J N W
	Willesden Junction ★	A G H K P U

★ Mondays to Saturdays only

## Further help in journey planning

This leaflet will help you plan your journey to and from the hospital. The main map, left, shows the local bus routes and interchange points with Tube and rail stations. The centre map shows where local bus stops are situated.

The remaining pages highlight the main travel options plus useful travel information, including Tube links from Harlesden and North Acton Stations, rail links from Harlesden and Willesden Junction Stations, fully accessible low-floor bus services and car parking availability at the hospital.

## More Travel Information

[tfl.gov.uk/journeyplanner](http://tfl.gov.uk/journeyplanner)  
Just enter your start point and your destination for Journey Planner to show you the fastest, easiest and/or most accessible route.

**Text TfL to 60835**  
By texting TfL to 60835 on a WAP enabled mobile, you can get Journey Planner and other interactive travel services. Services may vary according to network.

**Yellow Pages In London**  
The latest London editions of Yellow Pages (2006/2007 onwards) feature a Transport for London travel guide. Found in the front of the directory, the guide features tube and local bus maps, useful information on journey planning, the Congestion Charge, Oyster, transport for disabled people and much more.

[tfl.gov.uk/travelalerts](http://tfl.gov.uk/travelalerts)  
This free service informs you of delays to Tube and DLR routes. Register online which routes you want to monitor, then choose how and when you want to be informed – by SMS (Text) and/or email.